



Stress LESS

*A family framework
guide to identify and manage stress*

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Sponsored by DeKalb County School District's

Department of Psychological Services

Please join us for a two-part virtual series

October 13, 2020 at 5pm and October 21, 2020 at 5pm

[Session 1 10/13](#)

[Session 2 10/21](#)

October 22, 2020 at 6pm and October 27, 2020 at 6pm

[Session 1 10/22](#)

[Session 2 10/27](#)

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